

Parent Device & App Checklist

This checklist walks parents step-by-step through securing phones, tablets, smart TVs, consoles, and browsers.

1. Enable parental controls on all devices
2. Install antivirus software
3. Set app download permissions
4. Regularly check browsing history
5. Disable in-app purchases (where necessary)
6. Turn off location services unless necessary
7. Check for hidden apps (e.g., vault apps)
8. Use screen time limits and content filters
9. Lock down app permissions individually
10. Review every new app downloaded